# Stanford Cardinal Playbook

## Table of Contents

1. Triangle Offense 3
   - 1.1 Stanford Triangle Flare Continuity 3
   - 1.2 Triangle - Post Entry 4
   - 1.3 Triangle (Corner Ball Screen) 5
   - 1.4 Triangle Pinch Post 6
   - 1.5 Triangle Flare Thru 7
   - 1.6 Stanford Triangle DHOs 8

2. 1-4 High Sets 9
   - 2.1 1-4 High 9
   - 2.2 1-4 High Cross Screen (thumbs up variation) 9
   - 2.3 Thumbs Up (1-4 high) 10

3. Horns Sets 11
   - 3.1 Horns 2 11
   - 3.2 Horns Elbow Entry 11
   - 3.3 Horns Flex 12
   - 3.4 Horns Rescreen 12

4. Diamond Sets 13
   - 4.1 Diamond Pin Downs 13
Stanford Cardinal Playbook - Contents (cont.)

4.2 Diamond PNR 13
4.3 Diamond Special 14

5. Zone Offense 15
  5.1 Zone Interchange 15
  5.2 Inside Seal 16
  5.3 Zone Shallow 16

6. BLOBs 17
  6.1 Box Away 17
  6.2 Box Pin In 17
  6.3 Box Up Double 18
1 makes the traditional guard to forward pass to initiate the Triangle Offense

1 makes the corner cut
4 moves to the "pinch post" to set flare screen for 2

3 has option of passing to 2 coming off flare screen, but most often passes to 4 separating from flare screen

4 can shoot as a second cutter after setting the flare or reverse to 2
3 downscreens for 1

4 passes to 2 and corner cuts
5 fills ballside block and triangle is reformed

3 is now pinch post and 1 is top guard
1 passes to 3 and corner cuts

4 L-cuts to pinch post and flare screens for 2
3 enters the ball to 5

1 clears out the side by running a baseline speed cut off 5
3 cuts into a screen for the pinch post (2)
2 cuts to the nail
5 can score or hit 2

4 follows rule and cuts when man between him and the basket catches

2 can handoff to 4 (blind pig)
1 makes guard to forward pass
4 cuts to the pinch post

After pass, 1 corner cuts
4 flare screens for 2

3 passes to corner

5 backscreens for 3
3 cut through to the corner off of a screen from 2

5 then sets a ball screen for PnR with 1
Stanford Cardinal Playbook

Triangle Offense

**Rule:** If player between you and the rim catches cut hard off of him/her
ball goes into 2 and 4 cut hard for handoff option

**Hi-Lo Option**
Player in the pinch post can look hi-lo
player passing to pinch post always
downscreens in the corner

**DHO option**
2 dribbles and hands off to 2 coming off the automatic downscreen for 1
1 makes guard to forward pass and corner cuts
4 L-cuts to pinch post

4 flare screens for 3 then separates

2 reverses to 4 who swings to 3

5 backscreens for 2 (shuffle action)

5 & 4 then downscreen for 1
Stanford Cardinal Playbook

Triangle Offense

1 makes guard to forward (3) pass
4 L-cuts to pinch post

1 corner cuts to form ball side triangle
4 flare screens for 2 then separates to the high elbow

3 passes to 4
4 has option of shot or reversal to 2, but also has option to "dribble at" 2
2 can cut backdoor or into a post up or into a dribble handoff (shown).

after passing 3 downscreens for 1 who can sprint off screen into the dribble handoff
Set begins in a 1-4 high alignment
1 passes to wing and runs UCLA cut off the up screen from 4

1-4 High Cross Screen (thumbs up variation)
1 passes to wing and runs UCLA cut off of up screen from 5

1-4 High Cross Screen (thumbs up variation)
5 steps out after setting the up screen
3 cuts as if setting the stagger for 1, but exits off the single screen from 4
1 cross screens for 4 (STS)

1-4 High Cross Screen (thumbs up variation)
5 has the option of either 3 exiting off 4’s screen or 4 on the post up
Stanford Cardinal Playbook

1 - 4 High Sets

1 passes to wing (3) and runs UCLA cut off 5

2 cuts to weakside block

5 steps out after screening

3 passes to 5

1 cuts off staggered screen from 2 & 4

5 has option of the cutter (1) or 2 on the slip
Horns Set with elbow entry to 4

1 immediately cuts hard off 4 and can take handoff

if 4 does not handoff, he/she faces and reads the downscreen set by 5 for 3

Horns Elbow Entry

1 passes to an elbow player and cuts opposite to set downscreen for wing in the corner

4 turns and faces

3 breaks as if using the staggered double from 1 and 5 but back cuts to opposite corner

5 down screens for 1

1 curls and 4 has the option of 1 on the curl or 5 on the pop
Stanford Cardinal Playbook

Horns Sets

Horns Flex

1 enters to an elbow player and receive back screen from the other

1 enters to 5

4 back screens for 1

1 cuts into a cross screen for 3

Horns Rescreen

1 enters to elbow and receives flare screen from other elbow player

3 clears to opposite corner

2 lifts

5 turns and faces

4 down screens for 1 (rescreen)

5 has option of the cutter (1) or the screener (4)

If 1 does not have shot, he/she uses the high ball screen and roll from 5
Stanford Cardinal Playbook

Diamond Sets

Diamond Pin Downs

3 is the baseline cutter, he/she can choose either of the pin screens to use.

If 3 exits to the right, 2 pops to the left (top of diamond exits opposite the cutter).

After screening, the post that set the pin screen (5) buries his/her defender and post up strong.

4 & 1 widen away to create space for 3 & 5.

3 has option to catch and shoot or enter to 5 on post up.

Diamond PNR

Diamond Set

3 can exit off either pin screen.
2 exits opposite the cutter.
1 passes to 3.

5 sets the pin screen then buries his man for post up.

3 has option to:
- Catch and shoot, curl, out cut, etc.
- enter to 5

If none of these develop, 5 steps off the block to set the side PnR.
Diamond Special

3 can exit off either pin screen
2 exits opposite the cutter
1 passes to 3

On the pass from 1 to 3, 5 cross screens for 4
4 cuts to an underneath ball screen
2 fades to corner in the line of vision of 3 to be available for cross court pass
3 uses screen to score or make cross court pass to or hit 4 on the pick-and-pop
1 passes to wing and interchanges with 2
4 flashes from weakside short corner to midpost
5 expands the short corner

3 has option of:
- shot
- 4 in midpost
- 5 in short corner
- centering pass to 2

When 2 catches and reverses he/she interchanges with 3
4 backs out of the zone
5 flashes to midpost

1 has option of:
- shot
- 5 in midpost
- 4 in short corner
- centering pass to 3
Inside Seal

1 passes to wing and corner cuts opposite
2 waits on the zone to slide
4 comes and sets inside ball screen on X2
2 dribbles off ball screen
X1 forced to step up and defend 2
4 slips into high post
2 passes to 3
5 cuts along baseline to short corner behind the zone
3 has option of:
- shot
- corner pass when X4 closes out
- short corner pass to 5 when X4 closes out

Zone Shallow

1 dribbles at 2
2 shallow cuts to the top of the circle
4 loops opposite to set an outside seal flare screen on X2
1 centers the ball to 2
2 uses the ball screen from 4
2 reads X3
- if X3 sinks shoot or kick out to 3
- if X3 closes out 3 enter to 5 in short corner
BLOBs

Box Away

Box Set
Bigs on the ball side, wings on the weak side. Inbounder (2) is desired shooter
5 & 4 Screen away for 1 & 3
2 can enter to 1 or 3

Box Pin In
Box set
All four players in the box pop out
4 enters to 5
5 passes to 3
5 pin screens for the inbounder

After 2 inbounds he/she enters off the stagger from 5 & 4
Second screener (4) pops

Box Pin In
3 passes to 4 coming off the pin screen
Box set
2 up screens for 1

2 runs off double screen from 4 & 5
3 enters to 2

2 catches and shoots or receives the corner ball screen from 5